

MARCH 2020

volume 18 • number 3

The WINDOW

What's INSIDE

A Publication of the Westminster Presbyterian Church

COVER

Music for the End of Time
Do You Match!

Page 2

Circle of Friends
Lectionary Bible Study
Why We Do What We Do

Page 3

On the Road to a Holy Lent
Start Thinking About Spring
April Baby Shower

Page 4

One Great Hour of Sharing

Page 5

WestMark Food Pantry
WICC Matching Gift Fund

Page 6

What Do You Do?
Lectionary Readings

Page 7

Can-A-Thon

Page 8

Becoming a Beloved Community
Daylight Saving Time Reminder

Page 10

Session Notes
Taiji for Life Spring Workshop

Page 11

Hearts 2 Mom's Conference
Easter Lilies

Page 12

March Calendar
Tulip Fundraiser

Page 13

Lumiere Concert

Page 14

March Serving Schedule
Birthdays & Anniversaries

Page 15

The Easter Story Crossword

Back Page

Circle of Friends

MUSIC FOR THE END OF TIME

Thomas Clark-Jones

Don't be scared by the title of this concert!! We are not planning on the end of the world just yet ... but writers, artists and composers have thought about the 'end times' and some of their most expressive works of art come from the concept that time is a finite entity. Thus, the Gretchen R. Iben Arts Series presents this evocative concert that features music that seeks to express the inexpressible. The time is seven-thirty o'clock, the day ... March 27, the place ... the Westminster sanctuary.



John Orfe

Two powerful works are scheduled for performance on March 27. First ... a world premier of John Orfe's "Clarinet Sonata". Perhaps few of us realize that in addition to being a brilliant pianist, John

continued on page 9...

DO YOU MATCH?

Valerie Sager, WICC Director

Tom and Mary Cummings were members of the Westminster Presbyterian Church years ago. Mary was a founding member of Westminster Infant Care Center. Her family has set up a WICC Matching Gift Fund in Mary's honor. The family will match what you give dollar for dollar to Westminster Infant Care Center. A matching gift fund doubles the value of your donation! Your donation goes twice as far, and you do twice the good



continued on page 5...



1420 W. Moss Avenue - Peoria, Illinois 61606

Phone 309-673-8501
Fax 309-673-6708
Website westminsterpeoria.org
Email wpc@westminsterpeoria.org
Office Hours Monday - Friday 8:30 to 2:30 PM

STAFF

Pastor **Rev. Denise Clark-Jones**
Direct Line 309-439-9737
Phone 309-673-8501 Opt. 5 / Ext. 6
Email pastor@westminsterpeoria.org
Hours Monday-Thursday 9 to 2 PM

Financial Secretary **Denise Wirth**
Direct Line 309-439-9740
Phone 309-673-8501 Opt. 5 / Ext. 4
Hours Tuesday-Thursday 9 to 2 PM
Email financesecy@westminsterpeoria.org

Buildings Mgr./Custodian **Steven Sager**
Direct Line 309-224-6237
Phone 309-673-8501 Opt. 5 / Ext. 2
Hours Mon., Wed.-Fri. 8 to 3 PM
Email buildings@westminsterpeoria.org

Office Assistant **Nicole King**
Phone 309-673-8501 Opt. 5 / Ext. 1
Email office@westminsterpeoria.org
Hours Mon., Wed., Fri. 9:30 to 2:30 PM

Admin/Communications **Mary Lee Caudle**
Phone 309-673-8501 Opt. 5 / Ext. 3
Hours Monday-Friday 8:30 to 2:30 PM
Email admin@westminsterpeoria.org

Organist/Choirmaster **Thomas Clark-Jones**
Phone 309-673-8501 Opt. 5 / Ext. 5
Hours Monday-Friday 11 to 1 PM
Email music@westminsterpeoria.org

ON-SITE MISSIONS

WestMark Food Pantry **Elizabeth Richmond**
Phone 309-673-8501 Opt. 3
Hours Mondays 9 to 11 AM
Email wpc@westminsterpeoria.org

Westminster Infant Care Center
Director **Valerie Sager**
Phone 309-674-6701
Hours Monday-Friday 6:30 to 3 PM
in accordance with Peoria school calendar
Email WICC1973@gmail.com

THANK YOU TO OUR VOLUNTEERS

Editing/Proofing
Peggy Carter

Collating/Securing
Dick Helfrich, Pat Wagner, Marian Borders,
Alice Nash, and Carol Borders.

CIRCLE OF FRIENDS

The Circle of Friends will meet Tuesday, March 3, at 9 a.m. at the home of Anna Bussian, 7242 N. Whippoorwill Lane, Peoria 61614. We will have a guest speaker, Beth Ball, Clerk of Court. Beth will share what she does to run city hall actives.

Have questions, or need directions contact Anna. All are welcome to join us and to bring a friend. The more the merrier.

Please RSVP. ☞

LECTIONARY BIBLE STUDY

Join us on the second and fourth Thursday afternoons as Pastor Denise guides us through the scriptures for the following Sunday. (This usually follows the Lectionary readings in the Presbyterian Planning Calendar.)

We will meet in the Parlor at 1:30 p.m. **Scriptures studied for March 12** will be: Exodus 17:1-7 / Psalm 95 / Romans 5:1-11 / John 4:5-42 / 1 Samuel 16:1-13 / Psalm 23 / Ephesians 5:8-14 / John 9:1-41

Scriptures studied for March 26 will be: Ezekiel 37:1-14 / Psalm 130 / Romans 8:6-11 / John 11:1-45 / *Liturgy of the Palms*: Psalm 118:1-2, 19-29 / Matthew 21:1-11 / *Liturgy of the Passion*: Isaiah 50:4-9a / Psalm 31:9-16 / Philippians 2:5-11 / Matthew 26:14-27:66 / Matthew 27:11-54

You may also find the full list online at
<http://westminsterpeoria.org/worship/bible-study> ☞

“WHY WE DO WHAT WE DO DURING LENT”

Peggy Bragg

The Resurrection is the joyful day on which Christ entered the world as the triumphant Savior of humankind. So join in the Lenten pilgrimage positively and joyously as we look to the triumph of our Lord Jesus Christ in final victory over the grave!

This will be a three-part study held at 11:15 on February 23, March 1, and March 8, Pastor Denise Clark-Jones will lead the history, meaning, and practice of Lent. Come to one or come to all three Bible studies.

Since we will have a light lunch before the study begins, please sign up for each study you will attend so Peggy Bragg will know how many to prepare for. You will find a sign up sheet in the Narthex. Thank You.

Questions? Contact Peggy Bragg ☞

ON THE ROAD TO A HOLY LENT

Reverend Denise Clark-Jones



We are now in that part of the Christian liturgical year's cycle in which we follow Jesus' footsteps through the wilderness of introspection. We start the year with the glorious hope of new life as represented by God's infant Son sent to bring salvation to all the world. In the season of Epiphany, marked by scripture, we receive

God's truth shining like a beacon for us to perceive and guide us in our faith journeys. God's glory dazzles us, as it did Peter, James and John, on the mountain of Christ's Transfiguration. But, as Jesus always did after he had been on a mountain to pray and preach, in Lent we come down from the mountain and enter into the world where we do the work of living out our baptisms in a world resistant to God's commandments. We begin, in Lent, by breaking down our own resistance.

In Matthew's gospel, upon which this year's scriptures are focused, the three practices of what would later be called Lent are marked as "prayer, fasting, and almsgiving." In prayer we seek strength and guidance to avoid and climb over the stumbling blocks in our path. In fasting from the temptations that lure us off the course Jesus followed, we free ourselves to follow Him more closely. In works of charity, mercy and justice to those in need, we emulate Christ in the attempt to make our actions become our attitude -- our way of being in the world.

I will delve deeper into the origins of Lent in the three classes offered after the worship service, February 23, March 1, and March 8. I hope you will join me in learning more about the biblical and historical origins of Lent, as well as discerning your own spiritual practices that will encourage your keeping of a holy Lent.

Blessings on your Lenten journey ☞

START THINKING ABOUT SPRING . . .

Marilyn Luman, WICC Committee Member

. . . . And SPRING CLEANING!!



The Moss Avenue Sale will be fast approaching and we welcome items to sell to benefit and support the Westminster Infant Care Center.

PLEASE NOTE...

WE WILL NOT ACCEPT THE FOLLOWING ITEMS:

Electronics	VHS Tapes
Clothes	Car Seats
Old Play Pens	Clay Pots
Televisions	Office Electronics
Bed Linens (sheets, bedspreads, etc.)	

NEW THIS YEAR -- A sale before the sale! This year we will have PreSales before the Moss Avenue sale. There won't be a rummage sale the following week as before.

Schedule:

Thursday, June 11, PreSale

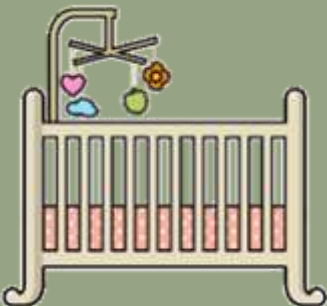
Friday, June 12, PreSale

Saturday, June 13, Moss Avenue Sale

Watch for more information in next month's newsletter. ☞

APRIL BABY SHOWER

Marilyn Luman & Jennie Smith, WICC Committee Members



During the month of April, a baby crib will be in the Narthex of our church. Attached to the crib will be items needed by our very own WICC. Look over all of the items that they are in need of, then detach the item(s) you plan to purchase and then place the item in the crib all through April. There will also be donation envelopes that will be used to purchase needed items. Have questions? Contact Marilyn Luman.

Help us make this Baby Shower a HUGE SUCCESS for the Westminster Infant Care Center (WICC).



SPECIAL OFFERINGS ONE GREAT HOUR OF SHARING

February 26 - April 12, 2020

Dear members of Westminster Church,

In Isaiah 58, the author is addressing a people who have returned to Jerusalem, where the Temple - God's House - was in shambles. And in that rubble, the prophet challenges the people, not to rebuild the building or to restore their religious rituals, but to care for the hungry, the weak and the vulnerable - the prophet called the people to *become* the house of God. We are called to become, as Isaiah promised long ago, "repairers of the breach, restorers of streets to live in."

Through One Great Hour of Sharing, we *become* the household of God and extend shelter to those who have no place to stay, offer compassion to those who have pain - be it physical, emotional or spiritual - and we set a feast, with God, for those who lack access to enough food to eat.

Every gift made to this offering will meet the needs of God's people, and you will hear about just a few of these individuals over the coming weeks. These stories will connect you to those who lives have been changed by your gifts.

I'd also like to invite you to visit the One Great Hour of Sharing website (www.pcusa.org/oghs) to find out more information on how your gift helps people all over the world, and offer prayers for the people and projects who receive this support.

That brings us to the challenge. You are each challenged to give strong consideration to increasing your gift to the offering - you'll see how giving opens your heart to God's work in your own life. Please join Christians all across the country in opening their hearts to witness tangibly to the abundant love of God through One Great Hour of Sharing.

Jan Leonard, Mission & Outreach Elder

Received during the season of Lent, One Great Hour of Sharing is the single, largest way that Presbyterians join together to share God's love with our neighbors-in-need around the world.

Each gift to One Great Hour of Sharing (OGHS) helps to improve the lives of people in challenging situations through three impactful programs:

PRESBYTERIAN DISASTER ASSISTANCE

Restorers of Streets to Live In

Works alongside communities as they recover and find hope after the devastation of natural or human caused disasters

PRESBYTERIAN HUNGER PROGRAM

Share your Bread with the Hungry

Takes action to alleviate hunger and the systemic causes of poverty so all may be fed

SELF-DEVELOPMENT OF PEOPLE

Loose the Bonds of Injustice

Invests in communities responding to their experiences of racism, oppression, poverty and injustice and educates Presbyterian about the impact of these societal ills

Thanks to your heartfelt gifts, One Great Hour of Sharing currently supports projects in over 100 countries.

IF WE ALL DO A LITTLE, IT ADDS UP TO A LOT!

You can give to One Great Hour of Sharing beginning Ash Wednesday, February 26 through Easter Sunday, April 12, 2020.

You can find the special One Great Hour of Sharing (OGHS) offering envelopes in the pew in front of you, in the Narthex, and will be inserted Easter Sunday into your morning bulletins.

You may write your check payable to WPC or Westminster Presbyterian Church. Please print OGHS on the memo line of your check and put it into the offering plate, hand it to an usher, or mail it to : WPC - OGHS

*1420 W. Moss Avenue
Peoria, IL 61606*

WESTMARK FOOD PANTRY

Elizabeth Richmond

During the month of **JANUARY** we provided food to **918** individuals.

The partnership we have with St Mark's Church creates an amazing opportunity to help those that might otherwise be hungry. This makes for lots of work for our volunteers but it is great to help hungry, grateful folks.

The WestMark Food Pantry is open Monday mornings from 9 to 11 a.m. ☞

HOW CAN I HELP?

Elizabeth Richmond

First, keep the food pantry volunteers and clients in your thoughts and prayers.

Second, come help unload deliveries:

The first and third Tuesday, March 3 and 17, at 11:20 a.m.,
Thursday, March 12, at 1 p.m. and the fourth Wednesday, March 25, at 11 a.m.

Third, the food pantry will highlight items that they get requests for or of a greater need. They always can use the basic list of foods like peanut butter,

all canned meats, fruits and vegetables, but there is always those specific items that aren't donated as often or at all that are in need. These items are listed in the grocery bag below. Donate what you can, when you can. Items can be placed in the green tubs found in the Narthex on Sunday mornings or during church office hours (Monday - Friday, 8:30a to 2:30p)

Fourth, we also can use some help filling in for our regular volunteers on Monday morning. Please consider being placed on a "substitute" list. There are times

when the food pantry needs an extra helping hand due to illness, vacations, etc. This would be on a very occasional instance that you would be called on, but we still need a list to begin with. If this is something you would be willing to do, please contact Elizabeth Richmond or the church office.

Questions? Call Elizabeth Richmond. ☞



continued on page 7...

WICC Do You Match? ...

with one donation. **DO YOU MATCH?** You can **DOUBLE** the impact of your donation at **WICC** with a **MATCHING GIFT!** Just fill out the coupon below and mail with your check to: WICC Matching Gift Fund, 1420 W. Moss Avenue, Peoria, Illinois 61606 Please write WICC Gift Fund in the memo portion of your check. Don't let this generous matching gift slip away! Make checks payable to: WICC ☞

WICC MATCHING GIFT FUND

**DOUBLE THE IMPACT
OF YOUR DONATION**

\$ 50 becomes \$ 100

\$300 becomes \$ 600

\$500 becomes \$1000

**PLEASE GIVE
GENEROUSLY**

NAME: _____

ADDRESS: _____

CITY: _____

STATE _____ ZIP: _____

EMAIL _____

YES! I want to double the amount of my donation.

Enclosed find my donation of \$ _____



WHAT DO YOU DO?

Katie Fitch, MME, MT-BC
River City Music Therapist



So many people ask me for an example of what I do as a music therapist. Would you believe it if I told you that we spend a considerable amount of time in our training learning just *how* to advocate for our professions with the different people with whom we interact? Over time, we music therapists figure out what is helpful with certain folks, and what is truly wasted energy. One sample we give of music therapy may look NOTHING like the interventions we would design around another client's goals. However, if it's an example you want, an example you will receive!

It was early 2015. I was in the second half of my music therapy internship with MusicWorx Inc. in beautiful San Diego, CA. One of the placements the interns worked was a hospice facility. We'd show up with our guitars on our backs and binders or iPads of music, and we would report to the front desk where we were handed a binder of referrals. The intern team would sit down at a table and pass out the referrals and make sure we were all mindful of referral details like the patient's diagnosis, religious practices, family support, etc. Sometimes a referral would come with the letters "FTT." I kept my eye out for those letters in our referrals. Patients with "FTT" on their paperwork were often some of our most memorable music therapy clients. It stands for "Failure To Thrive." What a loaded phrase. I was handed my referrals for the day and noticed a tiny "FTT" in the notes. *Don't mind if I do*, I thought.

She was older. She appeared to be sleeping. I say "appeared to be," because, as I learned at this internship, there is a difference between being asleep and being nonresponsive. I was getting settled in next to her bed when a nurse passed by. She leaned in the extra wide doorway and said "oh I'm so glad you're seeing her! She will not wake up for food." *That sounds like a goal to me*, I thought. I played my guitar to create a musical environment while I scanned her monitors for helpful information. The nurse popped her head back into the room and said, "by the way, she's very hard of hearing so you'll have to get really close." Noted.

One of my go-to songs in these situations was 'You Are My Sunshine.' So many people know this song, and many older adults have some meaningful connection to it too. I sang into her ear and watched her face and chest for signs of stimulation. Nothing yet. I repeated the tune, this time just on the "ah" vowel so I could project right into her ear. Still nothing. She remained in her peaceful position. I decided to ditch my guitar and hold her hand. I smiled and told her I'd try one more time and would leave her to her rest if she didn't respond. I livened up the tempo of the song, sang the lyrics right into her ear, and bounced our hands together on her lap gently. The song ended. The patient changed nothing, except her hand continued to bounce to the beat despite the fact that I'd already stopped and planned to wrap this up and find my next patient. She was with me! I said her name right into her ear and loudly encour-

continued on page 7...

REVISED



COMMON LECTIONARY READINGS

Sunday, March 1, 2020

First Sunday in Lent

Genesis 2:15-17, 3:1-7
Psalm 32
Romans 5:12-19
Matthew 4:1-11

Sunday, March 8, 2020

Second Sunday in Lent

Genesis 12:1-4a
Psalm 121
Romans 4:1-5, 13-17
John 3:1-17

Sunday, March 15, 2020

Third Sunday in Lent

Exodus 17:1-7
Psalm 95
Romans 5:1-11
John 4:5-42

Sunday, March 22, 2020

Fourth Sunday in Lent

1 Samuel 16:1-13
Psalm 23
Ephesians 5:8-14
John 9:1-41

Wednesday, March 25, 2020

Annunciation of the Lord

Isaiah 7:10-14
Psalm 45, Psalm 40:5-10
Hebrews 10:4-10
Luke 1:26-38

Sunday, March 29, 2020

Fifth Sunday in Lent

Ezekiel 37:1-14
Psalm 130
Romans 8:6-11
John 11:1-45

aged her to open her eyes. "Open your eyes! We're singing You Are My Sunshine! You must be hungry!"

The patient mumbled something so softly I almost wasn't sure she'd said anything at all. "Say that again" I said loudly into her ear. I waved a nurse in to help me understand and to perhaps start the process of getting her the food she needed. "Water" she said again. The nurses ran around to get the water she requested and to sit her up in her bed. They took right over and showed her the nutritionally reinforced jello they had been trying to get her to wake up to eat.

Music didn't serve as a context for the patient's reflection on her situation, or as a way to create meaningful experiences with family in the time she had left. I didn't have a crystal-clear goal until a nurse popped in and offered me some helpful insight. But I can say with confidence that music and my therapeutic intervention is why she accepted nutrition that day. It is moments like this that make it hard to explain but *so* worth telling. Until next time, Katie. *✂*



CAN-A-THON

Elizabeth Richmond

This year we will be helping collect canned goods for our WestMark Food Pantry as part of the Peoria County Canned Food Drive on Sunday, **March 15**.

Brown paper Can-A-Thon sacks and donation envelopes will be available in the church Narthex starting on/ before **March 15**. Please collect cans and encourage co-workers, neighbors, and friends to participate; even children and grandchildren can begin to learn the value in helping others. Return all bags to the church on Sunday, **March 15**. We will place all the food at the pulpit and Pastor Denise will say a blessing over all of the food. We will count our items and deliver them to our food pantry.

If you would like to send a monetary gift, there are special offering envelopes in the Narthex or you may clip and mail the coupon below along with your check and mail to WPC Food Drive, 1420 W. Moss Avenue, Peoria, Illinois 61606. Please mark the memo portion of your check: Can-A-Thon.

Suggested items to donate: canned meats, fruits, vegetables, soup, stew, chili, peanut butter, pasta, cereal, and box dinners. All items should be non-perishable.

*The WestMark Food Pantry
thanks you for your support!*
✂



WESTMARK FOOD SHARE CAN-A-THON - MARCH 15



☐ **YES! I want to CAN OUT Hunger**

Enclosed you will find my donation in the amount of \$ _____

Clip and mail this form to:
WPC CAN-A-THON
1420 W. Moss Avenue
Peoria, Illinois 61606

Fill a sack and bring to:
Westminster Church
1420 W. Moss Avenue
Peoria, Illinois 61606
On or before March 15

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____ Email: _____

BECOMING A BELOVED COMMUNITY

A Matthew 25 journey to the cross

Donna Frischknecht Jackson is the editor of
Presbyterian Today

The season of Lent has often been a time to give up a vice or an indulgence (did someone say chocolate?) or to take on a spiritual discipline such as fasting or meditation.

What if this Lenten season, though, we looked beyond personal disciplines and committed to creating beloved communities in our own backyards - communities reflecting the inclusive and healing

love that Jesus modeled as he made his way to the cross?

"Beloved Community" was first coined by 20th-Century American philosopher Josiah Royce. However, it was the Rev. Dr. Martin Luther King Jr. who popularized it, using "beloved community" of-

ten in speeches to illustrate God's kingdom truly a kin-dom. King's beloved community was not a far-fetched utopia, though, but rather an attainable society based on justice for all and selfless love of one another. For King, a community became "beloved" when every person had their basic needs met.

As production of this devotional approached, I kept thinking about the commitment many of our PC (USA) congregations are making to become Matthew 25 churches. By doing so, they are building beloved communities that are dismantling racism, eradicating poverty and revitalizing ministries by serving others boldly. I wanted to capture the many ways Jesus' words in Matthew 25 are being lived out and thus, creating beloved communities. This devotional itself is a reflection of a beloved community, featuring the voices of 19 ordained ministers, chaplains, lay pastors and ruling elders. These men and women, from different walks of life, belong to the Presbytery of the Pacific - a place where "Matthew 25 work has been going on for years," says the Rev. Heidi Worthen Gamble, mission catalyst. Their stories - and writing styles - differ, but

they all have this in common: They are passionate in wanting to see God's love reign among them. As you journey with these writers, it is my prayer that a vision for how to become a beloved community where God has placed you dawns this Easter.

Throughout this devotional are early mosaics depicting the life of Christ. Each piece of stone or glass used to create a piece of art will be a reminder that it is together, in community, that we create God's beautiful kingdom. Spend time reflecting on each picture, envisioning what you can add to the "beloved community."

The first devotional

ASH WEDNESDAY - FEBRUARY 26

"Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house: when you see the naked, to cover them, and not to hide yourself from your own kin? - Isaiah 58:6-7

continued on page 9 . . .

Daylight Saving Time Begins March 8

Hope you spring forward
to a brighter tomorrow!



How fragile we are. How delicate our existence, when we're truly honest with ourselves. If the practice of fasting shows me anything, it's that I am only a few days away from my body shutting down.

I live in an area where most people are one paycheck away from being on the street. With the rising cost of housing and the stagnation of wages, it can be hard for those in our communities to get by - many fall into homelessness. In a recent community forum, I referred to the people sleeping in tents under a nearby overpass as my neighbors. Someone snapped back, "They really aren't our neighbors. They're not from our town." The familiar words from the Gospel of Luke echoed in my ear, "And who is my neighbor?"

In the face of Isaiah's words, I am convicted. Bring the homeless into my house? Not likely. I am too busy using my children's protection as an excuse. My children, who turn around and beg me for a dollar to give to our "neighbor" sitting outside the post office.

How fragile I am in my sinful blindness. Today as we mark our bodies with the sign of fragility, with ash prominent and black, may our eyes be open in a new way to see the fragility all around us.

God, as I begin this journey of Lent, show me the weaknesses I am blind to. Create space in my heart to sit with uncomfortable and uncertain feelings. Show me one small step to take as I follow you. Amen. ☙

Orfe is a well-respected composer of various genre of music. So we feature the latest creation of Dr. Orfe, who lives right here in the Moss-Bradley neighborhood and is currently organist of First Methodist Church, Peoria. Clarinetist David Gresham joins Dr. Orfe at the piano for this first hearing of an important new work.

Then we move backward a century ... to the twentieth century ... and the music of the prolific French composer, Olivier Messiaen (1908 - 1992), and his dazzling "Quartet for the End of Time", composed in 1941. Usually we think of four string instruments when we think of a quartet, but this quartet consists of a piano, violin, clarinet and cello ... a haunting combination of timbres that express this music in a most dramatic fashion. Joining Dr. Orfe are cellist Adrianna Ransom, violinist Kelsey Klopfenstein and clarinetist David Gresham.

This is both beautiful and challenging music. And yet, it is worth the time to hear. Messiaen defined French music in the second half of the twentieth century with his music ... much for organ, but also many other works for chamber groups and for orchestra. All his works are spiritually centered, and most often scripture quotes accompany each movement. Messiaen's mystical French Catholicism is rarely far from the surface of his music. The Quartet is essentially a musical expression of the book of The Revelation ... the last book of the Bible.

We invite you to come, join us in this most wonderful program ... and bring some friends and neighbors to enjoy the time, too. Admission is free with a free-will offering received as you depart following the concert. The Spring brochure for the Iben Series should be in your hands by the time you receive this copy of the Window. Extra brochures are available in the church pews and narthex to share with others the wide variety of musical offerings of the Iben Spring series. ☙



AFFORDABLE PET SITTING

Laura Van Riper
Fees Negotiable
309.369.1063
lriper18@gmail.com

WESTMINSTER SESSION

Clerk of Session	Jim Burnham Class of 2021
Christian Education	Peggy Bragg Class of 2021
Church Life	Open
Finance	Open
Membership	Open
Missions/Outreach	Jan Leonard Class of 2022
Personnel	Larry Hicks Class of 2022
Properties	John Jackson Class of 2021
Worship	Suellen Kirkwood Class of 2020

**SESSION MEETS ON THE
SECOND TUESDAY, MONTHLY,
6:30 PM, IN THE PARLOR!**

DEACONS

Moderator	Jeanie Olson Class of 2019
Anna Bussian	Class of 2020
Sue Burnham	Class of 2020
Phyllis Rafferty	Class of 2020
Marge Willadsen	Class of 2020
Laura Van Riper	Class of 2021



SESSION NOTES

**Jim Burnham
Clerk of Session**



Notes from the February 11, 2020, Session Meeting

When it comes to what the session has been doing lately, I guess you could call this paperwork season—the budget needs to be worked out and approved, the worship schedule needs to be set, various forms and reports have to be submitted to the presbytery, etc. Along with these annual tasks there is such work as keeping track of finances, paying the bills, maintaining our property, and all the other day-to-day things that must be done to keep the church operating smoothly. As I have mentioned before, Westminster has always been fortunate to have capable people who are willing to take on these responsibilities.

That said, we may need to occasionally remind ourselves that keeping things running is not all there is for us to do. Planning for the use of available resources is very important. Westminster has at its disposal space that is under utilized, money that can be spent for worthwhile projects, and energy that can be applied where needed. The session has oversight responsibility for things that the church does, but it is up to all of us to bring forward ideas and to participate in their implementation when we can. Westminster has a history and a reputation of outreach in this community. We all want this to continue.

✎

TAIJI FOR LIFE SPRING WORKSHOP EARLY REGISTRATION

Donna Sturm, Taiji for Life

Sifu Dan Jones will again lead us through a weekend of Five Moving Forces / Circles / Primordial Qi Gong and ***Silk Reeling Therapy***.

Silk Reeling Therapy is for Healing and Maintaining Healthy Facial Connective Tissue. Aging without fragility is some thing we all would like to achieve.

Silk Reeling Therapy protocols utilize slow, gentle, mindful movements. Studies show daily movement therapy exercises are effective in managing and relieving mobility pain by healing connective tissue.

The ***spiraling*** movement effectively accomplishes access to all angles of the bodies extremities while spiraling movements for the upper torso keep fascia lubricated and healthy thus healing and preventing pain.

continued on page 13 . . .



EASTER LILIES

EASTER, Sunday, April 12 is a special time of the year when our Sanctuary is adorned with Easter lilies. You are invited once again to remember your loved ones and help us decorate the Sanctuary by dedicating a plant. If you would like to dedicate a plant for the health and well-being of your family or friends or in memory of your loved ones, please complete this form. Make your check payable to WPC or Westminster Church and write "LILY" in the memo portion of your check. You can return it along



with your payment to the offering plate, drop it off in the church office, or mail it to WPC Lily, 1420 W. Moss Avenue, Peoria, Illinois 61606.

Deadline is Monday April 6.

After the Easter Worship, plants may be taken home and planted as a reminder of God's love throughout the year or you may check the box and it will be delivered to one of our homebound members.

Each Lily Plant donation is kindly requested to be at least \$18.

Puzzle!

Hands play a key role in the biblical accounts of Jesus' crucifixion and resurrection. Use this sign-language alphabet to retell what happened.



Jesus' _____ were _____
to the tree. Two criminals were also crucified,

one on the _____
and the other on the _____ of Jesus, Jesus
cried out with a loud voice, "_____,"

into your _____ I commit my spirit."
(Luke 23:46) Jesus' friends _____

him from the cross to the tomb. Jesus showed

his _____ to prove
he was Christ. Bring your _____ together

in _____, and thank God for his
Son, Jesus!

Answer: hands, nailed, right, hand, left, Father, prayer, carried, Thomas, hands, hands, prayer

EASTER LILY DEDICATION FORM

☐ In Honor ☐ In Memory ☐ In Health (check one): PLEASE PRINT

PRINT NAME: _____

Relation to you: _____

Given by: _____

☐ Please deliver to a homebound member. ☐ I will take home.

☐ In Honor ☐ In Memory ☐ In Health (check one): PLEASE PRINT



NAME: _____

Relation to you: _____

Given by: _____

☐ Please deliver to a homebound member. ☐ I will take home.

MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1  10a Worship 11:15a Lenten Bible Study 6p Lumiere Concert</p>	<p>2 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>3 9a Circle of Friends 11:20a Food Delivery</p>	<p>4 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>5 1:00p Food Delivery 1:30p Lectionary Bible Study</p>	<p>6 WINDOW DEADLINE IS TODAY!!</p>	<p>7</p>
<p>8 10a Worship 11:15a Lenten Bible Study 4p Jazz Vespers</p>	<p>9 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>10 4:30p WICC Board Mtg 6:30p Session Mtg </p>	<p>11 OLLI Spring Kick-off 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>12 1:00p Food Delivery 1:30p Lectionary Bible Study</p>	<p>13</p>	<p>14</p>
<p>15 Can-A-Thon Sunday 10a Worship</p>	<p>16 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>17 ST. PATRICK'S DAY 6a - 7p Remember to VOTE 11:20a Food Delivery</p>	<p>18 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>19</p>	<p>20</p>	<p>21</p>
<p>22 10a Worship</p>	<p>23 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>24 Committee on Ministry Meeting. Pastor will be out of the office today.</p>	<p>25 7:30a Men's Coffee Hr. 10a Staff Meeting 11a Food Delivery 6:30p Taiji Class (Beg.)</p>	<p>26 1:30p Lectionary Bible Study</p>	<p>27 IBEN CONCERT 7:30p Music for the End of Time</p>	<p>28</p>
<p>29 10a Worship</p>	<p>30 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>31</p>	<p>Five stem bunches of fresh cut tulips are being offered until May in a benefit for Central Illinois Friends. Get these at Florist , 1015 East War Memorial Drive, Peoria Heights. Greg Price is \$7.99. 'Friends' provides services and support for HIV+ individuals as well as preventive care. Call Gregg's at 688-0725 if you have any questions about tulips.</p>			



Gretchen R. Iben Arts Series presents:

Lumiere!

Dr. John Jost, Director

"Psalms, Hymns, and Spiritual Songs II"
Music of Bruckner, Faure, and more.

Sunday • March 1 • 6 PM

Lumière, a new 16-voice chamber choir that debuted last spring, will offer a concert Sunday, March 1, 2020, at 6 p.m., at Westminster Presbyterian Church, 1420 W. Moss Ave. in Peoria. The choir is comprised of trained Central Illinois singers and is directed by Dr. John Jost, who retired from Bradley University as Director of Choral Activities in 2018.

Admission to each concert is \$10 for adults and \$5 for students. Tickets are available at the door. Call (309) 691-8768 for more details or to reserve tickets.

Taiji Spring Workshop continued...



Taiji for Life



Saturday
April 25, 2020
8:30a - 4:30p

Sunday
April 26, 2020
8:30a - 4:00p



COME!
Welcome Spring
with



Sifu Dan Jones
on
World Taiji Day



TO REGISTER OR MORE INFORMATION
TAIJI FOR LIFE
Facebook.com/taijiforlife19
Phone: 309-303-3631
Email: dapetapusher51@gmail.com
Questions? Contact Donna Sturm or Terrisa Worsfold




Sifu Dan Jones will reinforce and reintroduce aspects we can utilize in everyday life to encourage that vibrant future we seek.

Sifu Dan Jones has over 45 years' experience as a martial arts practitioner including 35 years of Tai Chi Chuan & Won Chuen temple boxing & 12 years of combined experience in Japanese Karate, Tae Kwon Do, Wing Chum Kung Fu & Shorin Ryu Karate. Dan is a Master Trainer (retired) with the Tai Chi Health Institute and founder of "Moving Stillness Healing Arts, LLC."

Dan is a retired Certified Police Officer as of 2015 with over 33 years of Combined experience in law enforcement, hostage negotiations, personal protection and security management.

Dan is also a trained Healing Foods culinary Instructor, Food and Wellness Educator and Board-Certified Holistic Health Practitioner. Under the umbrella of Moving Stillness Healing Arts he promotes healing and holistic health through food and wellness education and cooking classes. By combining his education & talents, he has developed a wellness program with a 3-phase approach to healing: food, wellness education, Taiji / Qi Gong and health coaching services for support and motivation.

Each session will begin with a light breakfast of fresh fruit, Danish, coffee and tea. Lunch is not included in registration fee. Reservations will be made at local restaurant for the group to be able to eat together both Saturday and Sunday.

continued on page 14...

MARCH SERVANT SCHEDULE

DATE	LITURGIST	SOUND	GREETING	USHERS
1 Sunday / 10am <i>Communion Sunday</i>	Jim Burnham	Paula Winkler	Dick Helfrich	Kim Mitchell, HU, Alice Nash John Jackson, Bonnie Jackson
8 Sunday / 0am	Jan Leonard	Don Bell	Dick Helfrich	Gary Dutro, HU, Linda Kupper Marge Willadsen, Alan Kupper
8 Sunday / 4pm JAZZ VESPER	Rev. Denise Clark-Jones	Tom Clark-Jones	Brooks McDaniel	Suellen Kirkwood, HU Linda McDaniel
15 Sunday / 10am	John Jackson	Art Schlesinger	Dick Helfrich	Gary Dutro, HU, Diane Case Jeff Case, Dan Callahan
22 Sunday / 10am <i>Transfiguration of the Lord</i>	Larry Hicks	John Grimes	Dick Helfrich	Gary Leonard, HU, Jan Leonard, Laura Van Riper, Jerrie Ruck
29 Sunday / 10am	Kate Kortemeier	John Grimes	Dick Helfrich	Brian Hakes, HU, Marion Borders, Carol Borders, Gary Leonard
COMMUNION				
DATE	PREPARING THE ELEMENTS	BREAD	WINE	TRAVELER
1 Sunday / 10am <i>Communion Sunday</i>	Jeff & Diane Case	Kim Mitchell Diane Case	Larry Hicks Pastor Denise	Jeff Case



Taiji Spring Workshop continued . . .

Questions or to sign up call Donna, at 309.303.3631 or return registration stub below to Donna Sturm, 112 N. Second Street, Chillicothe, Illinois 61523. Please write Taiji Workshop in the memo portion of your check. ☞

Mark workshop attending:

___ April 25 & 26: \$165 before April 9 / \$185 after April 9

___ April 25 only: \$83 before April 9 / \$93 after April 9

___ April 26 only: \$83 before April 9 / \$93 after April 9

Long sleeve t-shirts available for \$19 (*check size*)

___ Small ___ Medium ___ Large

___ 2XLg (add'l \$2) ___ 3XLg (add'l \$3)

*Note: Cannot guarantee shirt size/availability if received **after** April 9.*

NAME: _____

ADDRESS: _____

CITY/ STATE/ ZIP: _____

PHONE NO. _____

EMAIL: _____

ANNIVERSARIES

12 Don & Jill Bell

BIRTHDAYS

12 Jeff Putnam

21 Charles Allen

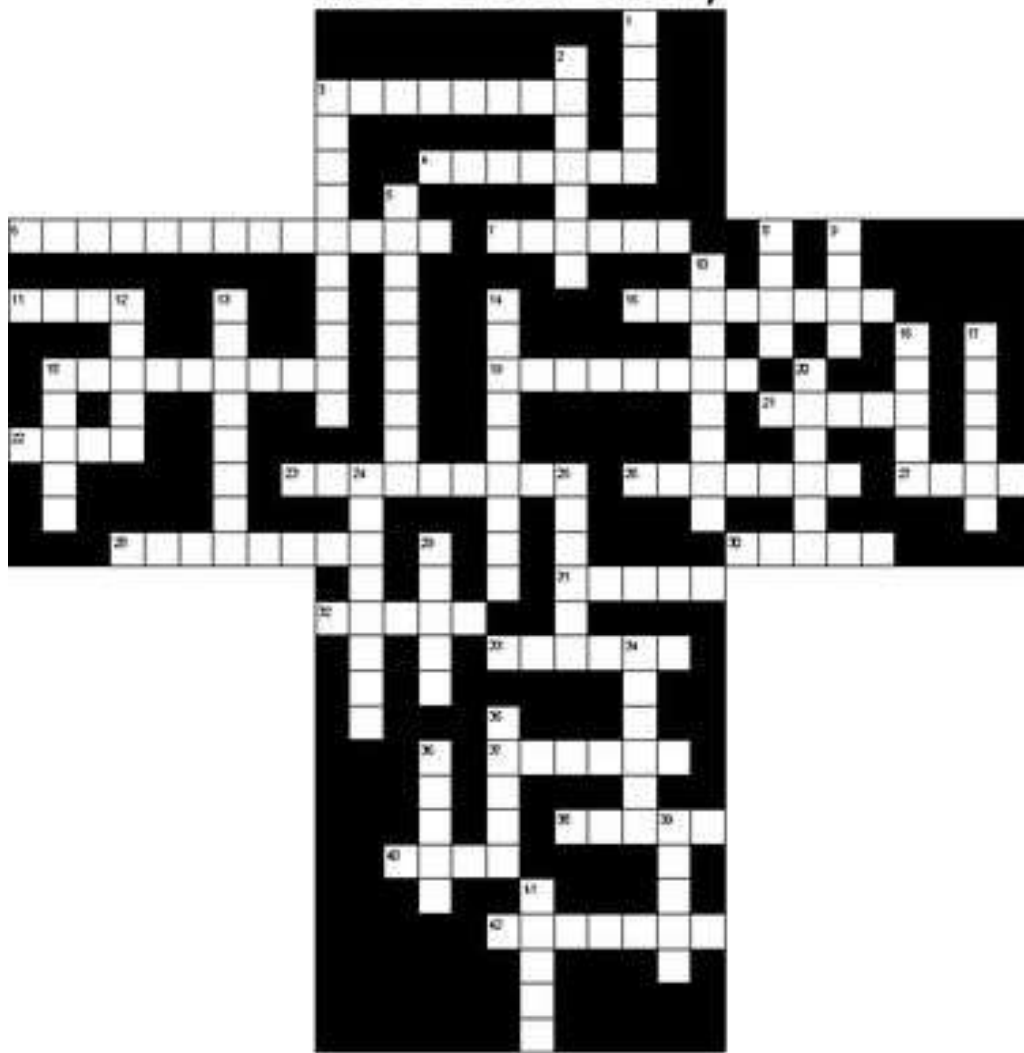
23 Robert Fisher

28 Robert Oaks

31 Norma Helfrich



The Easter Story



Down

1. The father-in-law to the high priest. Jesus was first brought to him
2. Another name for the place of His crucifixion.
3. The garden where Jesus prayed before He was arrested
5. And it was the third hour, and they _____ Him.
6. This was written and set over His head: "_____ of the Jews"
9. Judas betrayed Jesus with a _____.
10. "Go ye into the world and preach the gospel to every _____."
12. Joseph took His body down and wrapped it in fine _____.
13. The prisoner released by Pilate instead of Jesus
14. The pharisee that brought spices for His burial
16. The apostle who betrayed the Christ
17. "Why seek ye the _____ among the dead?"
18. He was taken up; and a _____ received Him out of their sight.
20. Judas betrayed Jesus for thirty pieces of _____.
24. And they crucified Him, and parted His _____, casting lots:
25. He appeared to two disciples on the way to this village.
29. Jesus told Peter to feed His _____.
34. The Roman governor who washed his hands of the whole affair
35. This was rolled in front of the tomb and then sealed.
36. and His sweat was as it were great drops of _____.
39. The soldier pierced His side with this
41. He is not here: for He is _____ as He said.

Across

3. It means "A place of a skull," Where He was crucified
4. These guys were crucified on each side of Him.
6. And He was numbered with the _____.
7. Jesus was anointed with precious ointment in preparation for His _____.
11. This part of the temple was torn in two from the top to the bottom
15. And when the sixth hour was come, there was _____ over the whole land.
18. This Roman said, "Truly this was the Son of God."
19. The high priest who said it was expedient that one man die for all.
21. The _____ of blood was purchased with the betrayal money
22. The disciple that took Mary home as his own mother
23. He appeared first unto Mary _____.
26. "Father, _____ them; for they know not what they do."
27. He shed His blood so our _____ would be forgiven.
28. The Last Supper was a celebration of this Jewish holiday
30. The ruler of Galilee
31. This was sent to strengthen Him when He was praying in the garden.
32. This apostle denied that He knew Jesus three times.
33. This wealthy man of Arimathea buried Him.
37. The doubtful apostle
38. "A spirit has not _____ and bones as ye see me have."
40. And they stripped Him, and put on Him a scarlet _____.
42. They gave Him this to drink when He was on the cross.

WESTMINSTER Presbyterian Church

1420 W. Moss Ave.
Peoria, Illinois 61606

Rev. Denise
Clark-Jones

JOIN US
SUNDAYS

10 AM Morning Worship

4 PM Second Sunday Jazz Vespers

God Loves . . .



Our mission is to Serve
God with Open
Mind, Hands and Heart.

Circle of Friends will meet at Anna Bussian's home on Tuesday March 3rd. at 9:00 a.m.

Come and learn a bit about how our city operates and the duties of the Clerk of Court.

Please let Anna know if you are coming.



Peoria City Hall



Beth Ball
Clerk of Court