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The WINDOW-BULLETIN

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A WORD OF PRAYER FROM THE 223RD GENERAL ASSEMBLY CO-MODERATORS FOR THESE UNCERTAIN TIMES

by The Presbyterian Outlook

Eternal God, sustainer, provider, God of all wisdom and knowledge,
Our spirits are weary, our faith quivers, our minds get clouded by news of
sickness and death.

You know our thoughts before we express them, even the fears we dis-
miss, you know them.

We cannot hide our feelings and worries from you.

So, as we are, we come to You, Oh God, asking for wisdom, for clear
minds and open hearts, for calm and assurance that, through the crisis,
You are present.

Knowing that "the Spirit helps us in our weakness; for we do not know
how to pray as we ought,

but that very Spirit intercedes with sighs too deep for words,"

We ask for wisdom and protection...

For medical personnel, scientists, doctors, nurses, and laboratory techni-
cians.

For those around the world considering current and other health crises.

For health care personnel and caregivers.

We lift them up to You.

We ask for clear minds and open hearts as people navigate daily lives...

As closures, cancellations, and quarantines are enacted.

As families gather in their homes, some caring for those who are sick.

As we encounter neighbors in our neighborhoods, stores, and pharma-
cies.

We pray for the sick, those who have lost or are at risk of losing jobs in
the midst of this crisis,

for those whose health or social services will be or have been affected,
for those suffering the direct effects of this virus, locally and around the
world.

Illumine us, Holy Spirit. Show us in what ways we can be of help as we
care for self and others. We ask for calm, assurance, and strength.

May we all remember that, in the midst of any crisis,

Your grace reaches us,

Your hope enlightens us,

And Your love surrounds us all.

Amen.



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Director **Valerie Sager**
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Hours Monday-Friday 6:30 to 3 PM
in accordance with Peoria school calendar
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THANK YOU TO OUR VOLUNTEERS

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Alice Nash, and Carol Borders.

MINISTRY UPDATES

CAMPUS CLEAN-UP

John Jackson

It has been agreed that in light of the COVID-19 situation we should cancel the spring clean up at this time. We shall shelter in place and wait for the situation to improve. We can play this by ear as the situation progresses. For now we will not make any plans.

MEN'S COFFEE FELLOWSHIP

Since Panera is closed the Men's Coffee Fellowship will not meet until further notice.

LECTIONARY BIBLE STUDY

Marilyn Luman

The Bible study class will not meet until further notice.

CIRCLE OF FRIENDS

Alice Nash

The Circle of Friends will not meet Tuesday, April 7.

WICC BABY SHOWER

Marilyn Luman

Along with rain showers in April we will be having a WICC Baby Shower. A baby crib will be in the Narthex of our church. Attached to the umbrellas will be items that are needed by our WICC Babies. Select an item(s) that you would like to purchase, detach it from the crib, and during the month of April place the item in the crib. There will also be donation envelopes for your convenience.

A baby shower is always a fun event and with your participation our crib will be filled. We appreciate your continued support for the Westminster Infant Care Center.

We will continue as planned; hoping that we will be having church services "some time" in April.



MINISTRY UPDATES

WICC MOSS AVENUE SALE

Marilyn Luman

This is your opportunity to help yourself by doing SPRING CLEANING and help WICC. We need your donations to help make the 2020 Moss Avenue Sale the BEST IT CAN BE.

We will NOT ACCEPT:

electronics, clothes, VHS tapes, TV/office electronics, Car seats/old play pens/ bed linens (sheets, bedspreads) or clay pots

The following are scheduled drop-off dates:

April 19 (Sunday) 11 am- 2 pm

May 3 (Sunday) 11 am- 2 pm

May 16 (Saturday) 9-11 am

Thursdays can be drop-off dates IF Steve Sager is contacted (224-6237)

We will be having two PRE SALES on Thursday, June 11 (4-7 pm) and Friday, June 12 (9 am – 1 pm) but the Moss Avenue Sale will be on SATURDAY, JUNE 13 (8 am -3 pm). There won't be a rummage sale the following week as in the past.

To manage our limited storage space and get the most good from donations, we may donate some items to one of our mission partners to get a better use of that item.



TAIJI FOR LIFE NEWS

Donna Sturm

TAIJI CLASSES

Weekly classes, Monday and Wednesday, have been canceled at this time. We hope to resume classes soon but we will re-evaluate the situation as we approach the coming weeks.

SPRING WORKSHOP

At this time we still have the spring workshop booked. We are looking at possible alternatives IF has to be canceled. That will be determined in the next couple weeks. We are discussing a possible webinar with a somewhat shorter duration. Perhaps a longer day or two short days. Fees would be re-evaluated and guideline would go to registered participants. That is as much as I can say at this time. We have held registration until we more clearly see what will take place.

Stay healthy!

Donna & Terrisa

Read updates on their [Facebook page](#)

STAYING CONNECTED

If you would like to send a card to any of our members and do not have their address please feel free to contact the church office at 309.673.8501. If no one is available to take your call, please make sure to leave a message and someone will get back to you. Or [email](#) your request.

211 OPERATORS PREPARED TO ANSWER COVID-19 QUESTIONS

Article taken from the [Heart of Illinois ABC Website](#)

COVID-19 - DON'T GET SCARED... GET PREPARED... KNOW THE FACTS... CALL 2-1-1 OR 309-999-4029.

PEORIA, Ill. (HOI) -- If you have questions about COVID-19 one local resource is just a call away.

Created in partnership with United Way and AMT, 211 is a 24/7 non-emergency hotline that provides information and referrals.

United Way announced the hotline will now offer help to ease people's worries over the Corona Virus.

"Our specialists are prepared to answer questions from general COVID-19 to recommendations if someone is showing symptoms to mental health resources and talk lines to help ease anxiety within the community," 211 Coordinator Domini Ardis said.

Specialized services such as food delivery and child care referrals are also available.



WESTMINSTER SESSION

Clerk of Session	Jim Burnham Class of 2021
Christian Education	Peggy Bragg Class of 2021
Church Life	Open
Finance	Open
Membership	Kim Mitchell Class of 2022
Missions/Outreach	Jan Leonard Class of 2022
Personnel	Larry Hicks Class of 2022
Properties	John Jackson Class of 2021
Worship	Suellen Kirkwood Class of 2020

DEACONS

Moderator	Jeanie Olson Class of 2019
Anna Bussian	Class of 2020
Sue Burnham	Class of 2020
Phyllis Rafferty	Class of 2020
Marge Willadsen	Class of 2020
Laura Van Riper	Class of 2021



SIGNS, SIGNS, EVERYWHERE A SIGN

Steve Sager

The Westminster Parish House has two new signs indicating an East Entrance and West Entrance to the building. Our new Parish House Occupant, "Katie Fitch - [River City Music Therapy](#)," brought to our attention the need to more clearly identify entrances to the building for her visiting clients.

So after some measuring and figuring the best location to hang the signs, Fast Signs was contracted to make the new signs (white lettering on a bronze background) which stands out nicely on the church's green surface.

Unlike the Canadian rock group, [Five Man Electric Band's 1970 hit "Signs"](#), our new entrance signs are neither "Blockin' Out the Scenery or Breakin' My Mind." Rather they provide a clear, informative complimentary addition to the Parish House.

Next time you are here be sure to take a minute and take a look. They are above the entrance doors of the Fellowship Hall and the Food Pantry.

WESTMARK FOOD PANTRY

Elizabeth Richmond



During the month of **FEBRUARY** we provided food to **1066** individuals. The partnership we have with St Mark's Church creates an amazing opportunity to help those that might otherwise be hungry. This makes for lots of work for our volunteers but it is great to help hungry, grateful folks.

The [WestMark Food Pantry](#) is still open on Monday mornings from 9 to 11 a.m. as long as there is food to hand out. The process of handing out the food boxes has changed for the safety of all. It is like a drive thru window. They stop as they drive onto Malvern Lane, at this point they get a number and then proceed on to the food pantry doors (which is now marked as the west entrance) to pick up their box of food. Each family is receiving one box of food no matter how many are in the family. Families that use the food pantry can visit the food pantry once in a 30 day period.

HOW CAN YOU HELP?

Elizabeth Richmond

First, keep the food pantry volunteers and clients in your thoughts and prayers.

Second, come help unload deliveries:

The first and third Tuesday,
April 7 and 21 at 11:20 am,
Thursday, April 16, at 1 p.m. and the
fourth Wednesday, April 22, at 11 a.m.

Third, the food pantry will highlight items that they get requests for or of a greater need. They always can use the basic list of foods like peanut butter, all canned meats, fruits and vegetables, but there is always those specific items that aren't donated as often or at all that are in need. These items are listed in the grocery bag below. Donate what you can, when you can. Right now during the COVID-19 crisis, items can be dropped off on Mondays from 9 a.m. to 11 a.m. with one of the volunteers that you will meet as you drive onto the church parking lot. You will not have to get out of your vehicle. Just let the volunteer know you have food to donate and where you have it in your car.

Fourth, we also can use some help filling in for our regular volunteers on Monday morning. Please consider being placed on a "substitute" list. There are times when the food pantry needs an extra helping hand due to illness, vacations, etc. This would be on a very occasional instance that you would be called on, but we still need a list to begin with. If this is something you would be willing to do, please contact Elizabeth Richmond or the church office.

WESTMARK FOOD PANTRY UPDATED MESSAGE

Elizabeth Richmond

As I write this today (3/22/20) we are now all on a stay at home request from the Governor, and practicing "social distancing". So you might ask how are we handling this and still feeding the hungry. First we asked any volunteer that needs or wants to be home TO BE HOME, safety of our volunteers has to be a priority. The remaining folks have gone to a minimal exposure protocol developed by the volunteers for the volunteers. Each week this gets reevaluated to ensure the

safety of our volunteers. Both last Monday (3/16/20) and Monday (3/23/20) we have gone to a drive up services. Cars are instructed to pull around the Fellowship hall building and participants are ask to stay in their car. Volunteers are putting bagged groceries into trunks. At this moment the volunteers feel safe doing this approach, and most likely this is how we will continue. On 3/16/20 we had 55 cars come through - so knowing that every car represents a family - we know the need is there. Each week we will continue to evaluate volunteer safety and participant need.

Many of our food sources we get donations from are closed at the moment and so we are struggling to keep our selves stocked. When the Moss Bradley Association heard we were still serving families, they stepped forward with a large cash donation, which will allow us to buy items we are not currently getting donated. Thank you to them!

So how can you help - Keep [WestMark Food Pantry](#) volunteers and participants in your thoughts and prayers.

For those of you that are helping either with distribution or deliveries please keep watch on your email as we will keep in contact with you.

For our volunteers that are staying home - know that we know your hearts and prayers are with us and we are very grateful that you are taking care of yourself so that when we are back to "normal" you will be healthy and back at your post.

MATCHING GIFT FUNDRAISER

Valerie Sager, WICC Director

Dear Friends of Westminster Infant Care Center, [Westminster Infant Care Center \(WICC\)](#) has been given a matching gift fund set up for WICC by the Cummings Family. Tom and Mary Cummings were members of the Westminster Presbyterian Church years ago and Mary was a founding member of WICC. To honor Mary Cummings and in her memory, the family has generously set up this matching gift fund to benefit WICC.

The Cummings family will match your gift to WICC dollar for dollar, doubling the impact of your donation! For example, \$25 becomes \$50, and \$100 becomes \$200, \$500 becomes \$1,000

continued on page 6 . . .

and so on. Please consider making a contribution today while we have this generous sponsor who will match what you give.

For the past 46 years [Westminster Infant Care Center](#) has provided quality child care services for at-risk teen parents in the Peoria Public Schools District. Our teen parents are struggling to overcome life's challenges to complete their high school education or equivalent (GED).

Would you prayerfully consider financially partnering with [Westminster Infant Care Center](#)? WICC is a 501c3 non profit organization and all donations are tax deductible. You can make your check payable to WICC. Then just fill out the coupon below and mail with your check to: WICC Matching Gift Fund, 1420 W. Moss Avenue, Peoria, Illinois 61606. Please write WICC Gift Fund in the memo portion of your check. Don't let this generous matching gift slip away!

Thank you for your generosity and in Christ's love.

CATERPILLAR FOUNDATION MATCHING GIFTS PROGRAM

Valerie Sager, WICC Director

[Westminster Infant Care Center](#) (WICC) has been the recipient of a Matching Gift Fund set up by the Cummings family in honor of Mary Cummings, one of the founders of WICC. WICC is a registered 501© (3) non-profit organization and is also eligible for the [Caterpillar Foundation Matching Gifts Program](#). If you are a full or part-time Caterpillar employee or retiree or have been on the Caterpillar Board of Directors, you are encouraged to participate in helping WICC through the [Caterpillar](#)

[Foundation Matching Gifts Program](#). The Caterpillar Foundation will also match your request to donate to WICC. A minimum gift of \$50 or more, up to an annual combined total maximum match of \$2,000 in each calendar year. Please go to [caterpillar.com/matching-gifts](#) for complete details on how to make a tax-deductible, charitable contribution to WICC.

The process works like this:

Go to the website:

[caterpillar.com/matching-gifts](#).

Click on Caterpillar Participants Request a Match.

You will need your employee ID# or Solar People soft ID

Create an account if you are a first-time user.

The Caterpillar participant donates directly to the nonprofit (WICC).

The Caterpillar participant visits [caterpillar.com/matching-gifts](#) to submit a match request and notifies WICC via email or mail with the generated matching gift receipt.

WICC receives the matching gift receipt notification via email or mail.

The Caterpillar Foundation reviews the submitted request and processes the matching gift to WICC on an annual basis.

[Please visit the website caterpillar.com/matching-gifts for complete details.](#)

WICC MATCHING GIFT FUND

**DOUBLE THE IMPACT
OF YOUR DONATION**

\$ 50 becomes \$ 100

\$300 becomes \$ 600

\$500 becomes \$1000

PLEASE GIVE

Fill out this coupon and mail along with your check to WICC GIFT, 1420 W MOSS AVE. PEORIA, IL 61606 Please mark the memo portion WICC GIFT

NAME: _____

ADDRESS: _____

CITY: _____

STATE _____ ZIP: _____

EMAIL _____

YES! I want to double the amount of my donation.

Enclosed find my donation of \$ _____



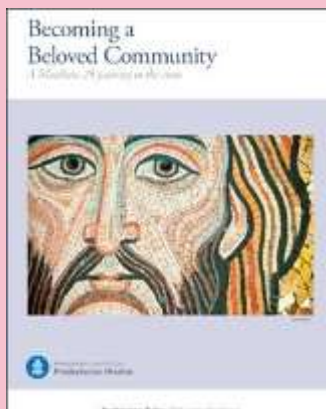
ILLINOIS CORONAVIRUS H-O-T-L-I-N-E

Also available 24/7, the Illinois Coronavirus Hotline at 1-800-889-3931 (offered by the [Illinois Department of Public Health](#)) is staffed by health care professionals – nurses and pharmacists, as well as medical and pharmacy residents and senior pharmacy students. You can also email the helpline at dph.sick@illinois.gov to have all of your Coronavirus questions answered.

MEET BASIC NEEDS

During any crisis, it's important to ensure you basic needs are met. [Heart of Illinois 2-1-1](#) maintains a comprehensive database of local health and human care programs, as well as volunteer opportunities, in Peoria, Tazewell, Woodford, Marshall, Putnam, and Stark counties. Examples of information and services in the 2-1-1 system include:

- food, shelter, clothing
 - rent and utility assistance
 - physical and mental health services
 - employment preparation and job matching
 - transportation assistance
 - home-delivered meals
 - child care and after-school programs
- and much more



Click on image to open devotional booklet

HI EVERYONE

Janet Kelley

I Just wanted to say hi and let you know I will have an official new address after April 23, 2020.

My new California address will be:

Email the office or call (309-673-8501) and leave a message and someone will get back to you with Janet's new address and phone number.

I hope to get a landline, but my current cell phone number is (309) 472-3735. I probably won't have email between March 20 and the time I return to Peoria, which I hope will be March 16, at which point I will have access until April 24. If I don't have email out here, I will be actively trying to do so if it didn't get it accomplished before I left for Peoria.

I hope this finds everyone well.

My current plan is to return to Peoria April 2 (this was pushed forward to March 16 due to the COVID virus) and leave permanently for California on April 25. With the coronavirus taking hold, who knows? I do need to get home to pack, close, and return to await my Peoria things. Much to do with many variables in play at the moment.

Take care, and stay well! Not too soon to be vigilant about the virus in play because it is spreading. Be mindful!
Shalom, Janet.

SOCIAL EMOTIONAL LEARNING AND EMOTIONAL INTELLIGENCE

Katie Fitch, MME, MT-BC

It will come as no surprise to you that music is a great medium for exploring and processing our emotions. [River City Music Therapy](#) is laser-focused on the impact music engagement can have on the social and emotional domains of human functioning. So what is social emotional learning (SEL) and emotional intelligence (EI)?

These two constructs are very similar. Like to tell people SEL and EI are virtually the same construct, except SEL focuses on children and youth in primarily the school environment, while EI encompasses adult capacity and development in primarily the workplace environment. Both models, however, can be conceptualized by the "CASEL Wheel," which lists five domains like pieces of a pie: self-awareness, social awareness, self-management, relationship skills, and ethical/responsible decision-making. At [River City Music Therapy](#), we're using these constructs to clearly articulate achievable goals within the social and emotional domains.

Did you know that Illinois has had social emotional learning education standards since 2004? It's true! The Illinois State Board of Education approved the current standards over 15 years ago. This is incredible! It means we have clearly defined develop-

continued on page 8...

mental milestones ready to use. So how do we incorporate these competencies and standards into our work? How to do we support development in this area in our clients?

When it comes to serving students in their schools, we are all about classroom success. When students are struggling in the classroom, the foundation of any given issue can usually be broken down to an emotional competency the student can improve to find classroom success. Sometimes it means we're teaching the student ways to cope with boredom, how to effectively communicate their individual needs, ways to redirect excessive energy to minimize distraction, tips for organization, the list goes on and on. We'll use music interventions to practice these specific skills, and then we'll generalize these skills out of the music context and into the classroom environment by collaborating with teachers and staff.

Allow me to provide a couple of examples. I worked with a group of students who saw me once a week for a short, focused session. These students struggled with the emotional competency of self-management. They were often so excited to give me an answer, they forgot to raise their hands. And often, if they did raise their hands, they forgot to wait for me to call on them before calling out answers. I wrote the *Raise My Hand* song, which embeds very specific instructions for the moment we know how we want to respond to a teacher's prompt. Another song I wrote for them reminds them to create a little mental space for decision-making and practice patience. We would talk regularly about the meaning of "patience." These children are always being told to be patient. This song was designed to come to mind every time. It goes like this:

Patience is a virtue, waiting calmly for something I want.

Patience is a virtue, waiting calmly for something I want

(Quietly) 1. 2. 3. 4. 5. 6. 7. 8. 9. 10.

[students "smell the flower" by pretending to hold a flower and taking a deep breath in through the nose]

[students "blow out the candle" by blowing gently onto their extended pointer finger]



In social emotional learning, we absolutely must *teach* skills before we expect them. We would never ask a student to successfully multiply two numbers and then discipline them when all they know how to do is count up to 5. When the skills are explicitly taught, the students are prepared to use them, sometimes with a little help, when it matters most.

[River City Music Therapy](#) is offering music-based SEL coaching. If you know of a child between 4th and 12th grade who may benefit from individualized coaching in these areas, please do not hesitate to contact us. We'll meet them where they are and grow from their strengths. Just email hello@rivercitymusictherapy.com. Until next time! -Katie



Along One of the largest, if not the largest, issues the Peoria community has long been facing is food insecurity. Even with all of the food pantries and other initiatives to curb the problem, food insecurity continues to greatly burden families. As a result Peoria Public Schools started the [Little Free Pantry](#) effort to help.

Outside of each school building is a structure that looks like a little house on top of a post or platform. The pantries were built by high school students in the district. Organizations, businesses, agencies and churches are volunteering to take a school and fill a pantry with non-perishable food, hygiene and toiletry items. Westminster will help with this effort at Whittier Primary School, located near Bradley University.

Westminster is partnering with the Moss-Bradley Residential Association and the Uplands to fill the pantry. We will each take four months, with Westminster's first month being May. Whittier's initiative consists of food and toiletry deliveries to the school for the month. Then fourth graders will monitor and fill the pantry as needed. Thanks to all of you for your gifts to Westminster so that we can help fill this need.



CHRISTIAN LOVE IN THE TIME OF CORONAVIRUS

If I had a dollar for every time I hear the word, “unprecedented,” I might be able to bid on a case of Purell. Other phrases in vogue are: “in uncharted territory” and “the new normal.” In some ways our lives are simpler because we are in “survival mode.” In other ways, these times are more complicated due to the creative adaptations we are expected to make.

In times of fear and anxiety, the church has always served as a sanctuary of solace and hope, but we cannot gather now. All church events are cancelled now, but we have no way of knowing when they will resume. The Internet provides many means of communication, but for those who do not have the Internet at their homes, communication is difficult. Not being technologically savvy, I am having to learn some new ways of being the church in a pandemic.

This week I installed the “Zoom” app on my iPhone and laptop computer and Mary Lee and I had our first “Zoom” meeting. Now I am ready for my presbytery committee meeting, via “Zoom,” next Tuesday. The first Sunday worship cancellation came too quickly to do anything except put the service bulletin and sermon on the website: westminsterpeoria.org. For the second Sunday, Larry Hicks is videotaping the service, with Tom and I conducting the service in the empty sanctuary. As we learn more about this, we hope to be able to do live-streaming on Sunday morning, if we must remain closed. But, as Larry put it: “That’s second semester stuff.”

We are seeing different reactions to the current health crisis. Some are hoarding food and health supplies and buying guns. But there are more that are sharing food and doing chores for elderly neighbors. I believe God will reveal redemptive consequences of this time. We are challenged to find ways to demonstrate love for our neighbors within a new context. Let us look out for one another. We are all, the whole world, in this together. Bishop Michael Curry went straight to the point with these words:

“We are part of the human family of God. Jesus came to show us that his way of love is the way of life. It’s God’s human family. We are in a time when remembering that may be important for all of us.”

In this era of toxic nationalism, breeding division and bigotry, we must wake up to the fact that God created us to live interdependently. All nations need to share their resources and information. Directly, or indirectly, the pandemic affects us all.

We must look out for one another, check in with one another. Even simple actions, such as making phone calls to those who live alone and feel the social isolation most deeply, can be meaningful expressions of Christian love. Those who are the most vulnerable - medically and economically - do have much to fear. We need to pray for them, as well as all the workers who must or volunteer to continue working in public – health care workers, emergency responders, law enforcement officers, food store workers, and others whose work is essential to maintain and protect our lives. I close with this prayer:

Holy God, every present with us, we are mindful of these times in which we live. Uncertainty, anxiety, and fear are present among us as we listen to and care for one another in these days. We ask that your peace and healing presence be with us, as we pray for and hold each other in love. We ask your guidance and direction as we live out your command to love one another as we are called to love you. In the name of the one who has called us and prepared us for these challenging days, we pray. Amen.

Take care of yourselves and one another. May you feel God’s comforting presence daily.

- Pastor Denise



CDC ENCOURAGES DONATING BLOOD IF YOU ARE WELL

There is a severe blood shortage. Donors are urgently

needed. Right now, eligible and healthy donors are strongly urged to make an appointment to provide lifesaving blood products to patients. Please give now. There is no inherent risk of getting coronavirus from the donation procedure itself. To minimize the risk of contracting it from others at a blood drive or donation center, they follow rigorous safety and disinfection protocols that include wearing gloves and personal protective gear, wiping down donor-touched areas often and after every collection. Blood donation does not impact or weaken a donor's immune system. Visit Redcrossblood.org

[READ MORE HERE](#)

CONTRIBUTIONS

In the midst of pandemic chaos, the work and ministry of Westminster continues. It looks different with Zoom meetings and pre-recorded worship, but the heart and soul of who and what Westminster is goes on. We need you to continue your [financial support](#) as well. Please keep current with your pledge and if possible, consider paying ahead. You can make your payments on the [website](#), or in Realm or your Realm App, just select the fund to which you would like to contribute in the drop down list.



You can pay towards your 2020 Westminster pledge, food pantry, One great Hour of Sharing, per capita, make a general offering payment, and more.

You may choose to give a one-time offering or set up automatic payments as often you like. You may also mail in your payment to: Westminster Church, 1420 W. Moss Avenue, Peoria, Illinois 61606. Make your checks payable to Westminster Church or WPC and mark the memo portion what your donation is for (i.e. pledge, capita, WICC, food pantry, lilies, etc.)

If you have questions, please [email Denise Wirth](mailto:financesecy@westminsterpeoria.org) at: financesecy@westminsterpeoria.org

MOVE FOR FIVE



Join Donna each day for a five minute Taiji lesson. The movements are easy and you can do each one once or as often as you like. You will find her lessons by going to <https://www.facebook.com/watch/taijiforlife19>

Watch for a new video each day.



24 Jeff & Diane Case



- 2 Marian Borders, celebrating 90 years
- 4 Suellen Kirkwood
- 4 Madison Fisher
- 16 Janet Kelley
- 17 Gina O'Neill-Hawkins
- 22 Morgan Kupper
- 24 Mark Matuszak
- 26 Ben Willadsen

Holy Week



On the first Easter morning, news of the empty tomb spread quickly -

HE IS RISEN!

What does that mean for us today?

This Easter discover the life-changing message of love and hope in Jesus' death and resurrection. We invite you to join Westminster on-line to experience our worship service that's sure to encourage your faith.

At this time Holy Week has gone DIGITAL.

Although the services are pre-recorded and you can watch at any time, we ask, if you are able, to watch at the scheduled time of the service. Even though we are not all together under one roof, we can still try to watch together in unity as the body of Christ.



PALM SUNDAY | APRIL 5 SUNDAY | PRE-RECORDED | 10 AM

Together, we raise our palms, shout our Hosannas and celebrate Jesus' triumphal entry into Jerusalem with the glorious music that marks Palm Sunday, the beginning of Holy Week!

MAUNDY THURSDAY | APRIL 9 THURSDAY | PRE-RECORDED | 7 PM

A service of the Word and Sacrament remembering the last meal Jesus shared with his disciples. All are welcome at the table to share in communion.



GOOD FRIDAY | APRIL 10 FRIDAY | PRE-RECORDED | 12 PM

Experience the darkness of the Passion story. Through Scripture and song, we walk along the road to the foot of the cross as Christ gives up his life for us.

CELEBRATION OF THE RESURRECTION | APRIL 12 | 10 AM



Hallelujah! Christ is Risen! Rejoice in the good news!



WESTMINSTERPEORIA.ORG

PRAYERS OF THE PEOPLE

- For our homebound - Elizabeth Alt, Bruce and Janet Andrews, Juliet Babbitt, Hettie Beers,
- Marilyn Heubach, Marilyn Walker, Rosemary McCurdy, Tippy Short, and Jean Osterman...
- Dan Callahan has a friend who is the sole caregiver for parents in Buehler Home and has, of course, not been allowed in to see them. The parents may have to be moved to Healthcare as the daughter has facilitated them staying independent.
- Prayer for all families who have this separation from loved ones.
- Prayers for all of the Westminster family at this time that all and their families are staying well.
- Prayers for Amy, daughter of Alice Nash, who has a rare form of leukemia, which is curable.
- Treatments will be at the University of Chicago medical center....
- Prayers for Kirk, Kim Mitchell's brother, who had surgery on March 24 for mesothelioma. He will be in the hospital 7 to 10 days.
- Prayers for Donna Clark, who is recovering from a hospital stay....
- The Stated Clerk, Rev. J. Herbert Nelson, Jr. has called us all to a time of prayer, remembering the most vulnerable in this crisis. We are encouraged to use the prayer below...

A CALL TO PRAYER FROM THE STATED CLERK OF THE PRESBYTERIAN CHURCH (USA)

From Stated Clerk of the General Assembly

As the novel coronavirus has captured the headlines in recent weeks, misinformation, conspiracy theories, and fear of the unknown have raised anxiety and caused widespread apprehension. Financial markets have wobbled and people of Asian descent in this country and around the world have been unfairly targeted. This virus has exposed the vulnerability and fragility of the global community.

As we all struggle with the horrific impact of the deadly virus that has infected so many people in China and now in a number of other countries, we cannot but call upon our God for help and healing.

Please join me in crying out for relief from this plague.

We pray for healing for those who are infected, in China and in all the places where the virus has spread.

We pray for all who already have lost loved ones to the illness and those who will yet suffer such loss.

We pray for doctors, nurses and aides providing medical care, for insight in their caring, and for their health and well-being.

We pray for wisdom for the medical and scientific experts who are desperately seeking ways to control the spread of the virus.

We pray for public officials who must make the hard decisions about the quarantining of those who may have been exposed to the virus; and we pray for all those for whom those decisions feel like unjust imprisonment.

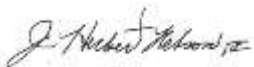
We lift up the Christian church in China and our partners throughout the region as they seek to bring Christ's healing presence and peace.

We pray for God to keep us alert to the threats posed by such a worldwide crisis, remembering the millions of God's children who live in places where the availability of medical care is meager or nonexistent.

May God open our hearts, our financial resources, and our political will, so that the vision of a better future can become a reality for all of God's children.

In the Providence of the God who created us, in the Passion of our Savior Jesus Christ who redeems us, and in the Power of the Holy Spirit through whom God's will is done. AMEN.

In Faith and Hope,



J. Herbert Nelson, II - Stated Clerk of the General Assembly Presbyterian Church (USA)

DO YOU NEED PRAYER? KNOW SOMEONE WHO DOES?

You can fill out a prayer card located in the brochure holder in your pew and also in the Narthex in the literature holder on the wall. Prayer requests will run in the bulletin for four weeks. If you would like continued prayer, call the office and let them know. You may email your prayer requests to:

prayer@westminsterpeoria.org or contact Alice Nash, or call the church office at (309) 673-8501.

REMINDER: I-74 BRIDGE CLOSURE

In the midst of all the discussion about COVID-19, don't forget that the Murray Baker bridge closes on Sunday, March 29 and will remain closed through October. (Since no one has anywhere to go right now, this is a great time to start this project and let us ease into new traffic patterns.) More [here](#).

DAILY SCRIPTURE READINGS

FRIDAY | MARCH 27, 2020

Morning [Psalms 22; 148](#)

First Reading [Exodus 2:1-22](#)

Second Reading [1 Corinthians 12:27-13:3](#)

Gospel Reading [Mark 9:2-13](#)

Evening [Psalms 105; 130](#)

WEDNESDAY | APRIL 1, 2020

Morning [Psalms 5; 147:1-11](#)

First Reading [Exodus 7:8-24](#)

Second Reading [2 Corinthians 2:14-3:6](#)

Gospel Reading [Mark 10:1-16](#)

Evening [Psalms 27; 51](#)

SATURDAY | MARCH 28, 2020

Morning [Psalms 43; 149](#)

First Reading [Exodus 2:23-3:15](#)

Second Reading [1 Corinthians 13:1-13](#)

Gospel Reading [Mark 9:14-29](#)

Evening [Psalms 31; 143](#)

THURSDAY | APRIL 2, 2020

Morning [Psalms 27; 147:12-20](#)

First Reading [Exodus 7:25-8:19](#)

Second Reading [2 Corinthians 3:7-18](#)

Gospel Reading [Mark 10:17-31](#)

Evening [Psalms 126; 102](#)

SUNDAY | MARCH 29, 2020

Morning [Psalms 84; 150](#)

First Reading [Exodus 3:16-4:12](#)

Second Reading [Romans 12:1-21](#)

Gospel Reading [John 8:46-59](#)

Evening [Psalms 42; 32](#)

FRIDAY | APRIL 3, 2020

Morning [Psalms 22; 148](#)

First Reading [Exodus 9:13-35](#)

Second Reading [2 Corinthians 4:1-12](#)

Gospel Reading [Mark 10:32-45](#)

Evening [Psalms 105; 130](#)

MONDAY | MARCH 30, 2020

Morning [Psalms 119:73-80; 145](#)

First Reading [Exodus 4:10-20 \(21-26\) 27-31](#)

Second Reading [1 Corinthians 14:1-19](#)

Gospel Reading [Mark 9:30-41](#)

Evening [Psalms 121; 6](#)

SATURDAY | APRIL 4, 2020

Morning [Psalms 43; 149](#)

First Reading [Exodus 10:21-11:8](#)

Second Reading [2 Corinthians 4:13-18](#)

Gospel Reading [Mark 10:46-52](#)

Evening [Psalms 31; 143](#)

TUESDAY | MARCH 31, 2020

Morning [Psalms 34; 146](#)

First Reading [Exodus 5:1-6:1](#)

Second Reading [1 Corinthians 14:20-33a, 39-40](#)

Gospel Reading [Mark 9:42-50](#)

Evening [Psalms 25; 91](#)

SUNDAY | APRIL 5, 2020

Morning [Psalms 84; 150](#)

First Reading [Zechariah 9:9-12](#)

Second Reading [1 Timothy 6:12-16](#)

Gospel Reading [Zechariah 12:9-11, 13:1, 7-9](#)

Evening [Psalms 42; 32](#)

ONE GREAT HOUR OF SHARING

**You shall
be called
repairers
of the
breach**

— ISAIAH 58



ONE GREAT HOUR OF SHARING
SPECIAL OFFERINGS
HUNGER • DISASTER • DEVELOPMENT



One Great Hour of Sharing

One Great Hour of Sharing gifts are helping partners with emergency food assistance and address the underlying causes of hunger and homelessness for the millions of people struggling to maintain their very existence. Through One Great Hour of Sharing, we extend shelter to those who have no place to stay, food to those who are hungry, and compassion to those who have pain- be it physical, emotional or spiritual. Together, we become the household of God; and all are welcome. Won't you join us with a gift to One Great Hour of Sharing?

BOX BREATHING **TO RELIEVE STRESS**

*(Visualize a box with four equal sides
as you perform the exercise)*

Step One: Breathe In through the nose for a count of 4.

Step Two: Hold breath for a count of 4.

Step Three: Breathe Out for a count of 4.

Step Four: Hold Breath for a count of 4.

Repeat

Still anxious? Try some deep breathing which can relieve stress and anxiety (such as Box Breathing described below). OR if you'd like a more methodical approach for learning how to improve your resiliency and expand well-being check out the ichill site: www.ichillapp.com or connect with the daily [Taiji for Life](#) class which also helps to relieve stress, anxiety, and many more problems you may be experiencing.

ONE GREAT HOUR OF SHARING

NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

EMAIL: _____

PHONE: _____

Make checks payable to:

Westminster Presbyterian church or WPC

Write on the memo line: OGHS

Clip and mail this form along with your check to:

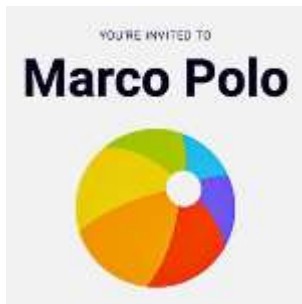
Westminster Church OGHS

1420 W. Moss Avenue

Peoria, Illinois 61606

or visit WestminsterPeoria.org and give your donation online.

- Isaiah 58 -



A WAY TO BE SOCIAL

Open up the lines of communication with Marco Polo. This video-based app allows users to speak in real time with their loved ones, friends, coworkers...anyone on the app! Easy to use and perfect for all ages.

Send a polo and the recipient can respond whenever they have a moment: immediately, in five minutes or five hours. It's like an on-going video conversation, but all parties do not need to be available at the same time. Chats automatically save so you can rewatch messages. Marco

Polo makes meaningful conversations easier by removing time constraints so the distance between you melts away. Hearing or reading what people say can leave you wondering what they really mean; seeing their expressions makes it all clear.

Some ways people use Marco Polo: keep in touch with loved ones far away (or just down the street), showing travel adventures, sharing videos of children with grandparents, planning group hangouts, daily motivations/support groups, virtual house tours, business meetings, music lessons, and so much more.

When it comes to cleaning, the words sanitize and disinfect are often used interchangeably. But in actuality there's a significant difference between the two terms. Knowing the difference between sanitizing and disinfecting can help you to know exactly what cleaning products to buy, and how to use them in order to keep your home a clean and safe environment

“THESE DAYS” DEVOTIONALS

These days has been the concrete expression of the church's witness to the love of Jesus Christ to the world for more than three decades.

Featuring daily meditations and devotions wonderfully written by clergy and lay leaders, *These Days* continues to be the source of comfort and hope throughout the world and has been for thirty-five years.

Each quarterly issue of *These Days* features:

- ✦ Approximately ninety devotions, one for each day of three months
- ✦ An action step for each daily entry that enables readers to apply what they've read to their lives
- ✦ Both regular and large-print editions
- ✦ Colorful seasonal art on the outside covers with poems, prayers, and songs pertinent to the issue's theme
- ✦ Information about the writers
- ✦ Suggestions for using the devotions
- ✦ Space for creating individual prayer lists
- ✦ “These Moments,” a brief segment on contemporary issues, opening each issue
- ✦ “These Times,” the concluding section that includes questions for reflection and discussion

SAMPLE DEVOTION

Hope All around Us

Scripture: Psalm 126

Laugh! For Goodness Sake

Those who go out weeping . . . shall come home with shouts of joy. Psalm 126:6

The family was riddled with sorrow, for a sister had died of brain cancer and the elderly mother's mind was restlessly unclear. Both women had been very fond of chocolate. One afternoon, the mother spontaneously asked a son, “Do you think there's chocolate in heaven?” When he shared this with the family, one quipped, “Not anymore. Lynn (pseudonym) will have eaten it all!” Laughter!

This reminds me of the occasions I've been in stitches laughing among Nicaraguan friends, folk who have lost many loved ones in struggles for justice and who are very poor. But how they can laugh—and I see Jesus laughing among them.

It's been said that laughter isn't the opposite of seriousness—laughter is the opposite of despair. So, open your ears to this hope chortling through the music of the spheres.

Action Step: Listen for—and think about—the laughter you notice this week. And let go to laughter yourself!

God of tears and laughter, may we weep and laugh heartily, affirming your life in all its fullness. Amen.

If you would like a copy please email Mary Lee at wpc@westminsterpeoria.org and she will get a copy to you.



WESTMINSTER
Presbyterian Church

1420 W. Moss Ave.
Peoria, Illinois 61606

Rev. Denise
Clark-Jones

[JOIN US](#)
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10 AM Morning Worship

Click green image to open
Prayers - Coloring Pages



God Loves . . .

Easter Flowers Donations

Easter Lily Honorariums and Memorials

In keeping with tradition, we will once again be adorning our sanctuary with Easter Lilies. If you would like to honor or memorialize someone with a lily, please send your information to WESTMINSTER LILY by April 9. The recommended donation is \$18. Checks can be mailed to the church (1420 W. Moss Ave., Peoria, IL 61606), made out to WPC with “Lilies” in the memo line. You may also donate online. Simply click on the Lily Slider on the homepage or click [HERE](#) to be taken to the page. Just fill out the form and when you are done click “next” to be taken to the payment portal.

Due to COVID-19 executive order we won’t be able to deliver them to the homebound nor will you be able to come pick up. We will continue to use them to decorate the Sanctuary and they will be a nice backdrop during recording.

Your Name (as you would like it to appear in the bulletin—please print clearly): _____

☐ In Honor of: ☐ In Memory of: ☐ In Celebration of:

Donation Amount: \$ _____

☐ Check #: _____

☐ Cash

