

# The WINDOW

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A Publication of the Westminster Presbyterian Church

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Ash Wednesday

## Service TIMES

10:00 AM

Sunday Mornings

MONTHLY

4:00 PM

2nd Sunday Jazz Vespers

ASH WEDNESDAY

7 PM | Feb 26:00 PM

## ASH WEDNESDAY

A brief service of worship and imposition of ashes.

Join us for a special Ash Wednesday Service on February 26 at 7 p.m. as we prepare our hearts for the 40 days of Lent. The one-hour service will include a message, worship, and communion. We hope you will join us as we reflect on the incredible sacrifice of our awesome Saviour Jesus Christ!

As we look ahead to Resurrection Sunday, we want to invite the church to study God's word together during the Lenten season. We have ordered the new 2020 Presbyterians Today Lenten Devotional calendar, available in the Narthex soon, to help us stay committed to a daily time with God.

All are welcome to begin a Holy Lent together.

## EXCELLENCE IN FOOD SAFETY

*Valerie Sager, WICC Director*

WICC just found out that we are a recipient of the 2019 Food Safety Excellence Award from the Peoria City/County Health Department

In order to receive the award, WICC submitted required documents and in addition received perfect scores when inspected by the Peoria Health Department. It was noted that WICC is "highly committed to protecting the health and well-being of our children."

An awards ceremony will be held in March for all recipients.

**WICC WILL BE HAVING AN APRIL BABY SHOWER**  
 (Watch for more details in the March WINDOW)

The Window Newsletter is a monthly publication of



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ON-SITE MISSIONS

WestMark Food Pantry ..... Elizabeth Richmond
Phone ..... 309-673-8501 Opt. 3
Hours ..... Mondays 9 to 11 AM
Email ..... wpc@westminsterpeoria.org

Westminster Infant Care Center
Director ..... Valerie Sager
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in accordance with Peoria school calendar
Email ..... WICC1973@gmail.com

THANK YOU TO OUR VOLUNTEERS

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Collating/Securing
Dick Helfrich, Pat Wagner, Marian Borders,
Alice Nash, and Carol Borders.

WESTMARK FOOD PANTRY

Elizabeth Richmond



During the month of DECEMBER we provided food to 1523 individuals. The partnership we have with St Mark's Church creates an amazing opportunity to help those that might otherwise be hungry. This makes for lots

of work for our volunteers but it is great to help hungry, grateful folks.

The WestMark Food Pantry is open Monday mornings from 9 to 11 a.m.

HOW CAN I HELP?

Elizabeth Richmond

First, keep the food pantry volunteers and clients in your thoughts and prayers.

Second, come help unload deliveries:

The first and third Tuesday, February 4 and 18, at 11:20 a.m.
Thursday, February 13, at 1 p.m. and the
fourth Wednesday February 26, at 11 a.m.

Third, we also can use some help filling in for our regular volunteers on Monday morning. Please consider being placed on a "substitute" list. There are times when the food pantry needs an extra helping hand due to illness, vacations, etc. This would be on a very occasional instance that you would be called on, but we still need a list to begin with. If this is something you would be willing to do, please contact Elizabeth Richmond or the church office.

Questions?

Call Elizabeth Richmond at 309.697.9720.

SPOTLIGHT ON MISSIONS

Jan Leonard

As reported in a previous Window article, one of the donations that was made in 2019 with discretionary mission dollars was to Roosevelt Magnet School. The donation was for healthy snacks to help combat daytime hunger issues of students.

Westminster has received more than one thank you for the snacks. In late January, we also received the message below from Principal Cindy Clark. It is a forward message about a student from one of her teachers:

"Today was the first day we made it through all hours of the day. I texted mom a few times and called her per her request, but there were only a couple of difficulties. Ultimately, he (student) made it to recess and thank God for Snacks!!!! Thank you for snacks!!!!!"

Westminster mission dollars continue to make a difference!



Greetings from River City Music Therapy (RCMT)! RCMT is a private music therapy practice serving the Greater Peoria Area, and we're your new tenants at 1504 W. Moss. Since 2013, Katie Fitch, owner, has been providing services to clients across the lifespan in their homes, in the schools, and within contracting agencies. Our largest clientele right now is school-aged children. We specialize in the social emotional domains, assessing and intervening to support classroom success. We're setting up shop in Westminster's Parish House, because it's time to bring our clients to us! We've just brought on a new provider, Allison Stratman, MT-BC, and we're setting up to provide programming in the clinic! We're using the Morgan Room to organize our caseloads and collaborate, facilitate group sessions and music lessons, and host informational and advocational events!

You're probably wondering what music therapy is. After over a decade of studying and practicing, I can tell you that's a hard question to answer given the diversity of therapists and clients practicing. To boil it down, music therapists use the medium of music to address and make progress on nonmusical, *functional goals*. *That means we engage in music with our clients, but our focus is on the nonmusical, functional skill around which we've designed the intervention. Music therapists work in a wide variety of settings: schools, hospitals, older adult facilities, memory care, maternity, wellness, the list goes on and on. If you are curious about this profession and its clientele, I encourage you to take a look at [www.musictherapy.org](http://www.musictherapy.org), the American Music Therapy Association's website.*

Once the clinic is set up, we'd like to invite you in to take a look and learn a little more about what we do! We are so appreciative of the opportunity to practice right here on Moss in the beautiful Morgan Room. Until next time!

Katie Fitch, MME, MT-BC

## REVISED COMMON LECTIONARY READINGS



Sunday, February 2, 2020  
4th Sunday after Epiphany  
Micah 6:1-8  
Psalm 15  
1 Corinthians 1:18-31  
Matthew 5:1-12

Sunday, February 9, 2020  
5th Sunday after Epiphany  
Isaiah 58:1-9a (9B-12)  
Psalm 112:1-9 (10)  
1 Corinthians 2:1-12 (13-16)  
Matthew 5:13-20

Sunday, February 16, 2020  
6th Sunday after Epiphany  
Deuteronomy 30:15-20  
Psalm 119:1-8  
1 Corinthians 3:1-9  
Matthew 5:21-37

Sunday, February 23, 2020  
Transfiguration of the Lord  
Exodus 24:12-18  
Psalm 2 or Psalm 99  
2 Peter 1:16-21  
Matthew 17:1-9

Wednesday, February 26, 2020  
Ash Wednesday  
Joel 2:1-2, 12-17 or  
Isaiah 58:1-12  
Psalm 51:1-17  
2 Corinthians 5:20b-6:10  
Matthew 6:1-6, 16-21



Come  
to the  
Table

Join us as we come together and  
celebrate **Holy Communion.**

Sun. Feb. 2 | Sun. Feb. 23 | Wed. Feb. 26

January 2020						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

March 2020						
S	M	T	W	T	F	S
	1	2	3	4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# FEBRUARY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2 10a Worship</p> 	<p>3 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>4 9:00a Circle of Friends 11:20a Food Delivery</p>	<p>5 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>6 1:00p Food Delivery 1:30p Lectionary Bible Study</p>	<p>7 VALENTINE'S DAY 12p Newsletter Deadline</p> 	<p>8</p>
<p>9 10a Worship 4p Jazz Vespers</p>	<p>10 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>11 4:30p WICC Board Mtg 6:30p Session Mtg</p> 	<p>12 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>13 1:00p Food Delivery 1:30p Lectionary Bible Study</p>	<p>14 VALENTINE'S DAY 12p Newsletter Deadline</p> 	<p>15</p>
<p>16 10a Worship</p>	<p>17 <b>PRESIDENTS' DAY</b> 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>18 11:20a Food Delivery Presbyterian Assembly. Pastor will be out of the office today.</p>	<p>19 7:30a Men's Coffee Hr. 10a Staff Meeting 6:30p Taiji Class (Beg.)</p>	<p>20</p>	<p>21</p>	<p>22</p>
<p>23 10a Worship</p>  <p>Transfiguration SUNDAY </p>	<p>24 9-11a WestMark Food Pantry Open 6:30p Taiji Class (Adv.)</p>	<p>25 Committee on Ministry Meeting. Pastor will be out of the office today.</p>	<p>26 7:30a Men's Coffee Hr. 10a Staff Meeting 11a Food Delivery 6:30p Taiji Class (Beg.) 7p Ash Wednesday Service</p> 	<p>27 1:30p Lectionary Bible Study</p>	<p>28</p>	<p>29</p>

## WESTMINSTER SESSION

Clerk of Session .....	Jim Burnham Class of 2021
Christian Education .....	Peggy Bragg Class of 2021
Church Life .....	Open
Finance .....	Open
Membership .....	Open
Missions/Outreach .....	Jan Leonard Class of 2022
Personnel .....	Larry Hicks Class of 2022
Properties .....	John Jackson Class of 2021
Worship .....	Suellen Kirkwood Class of 2020

**SESSION MEETS ON THE  
SECOND TUESDAY, MONTHLY,  
6:30 PM, IN THE PARLOR!**

## DEACONS

Moderator .....	Jeanie Olson Class of 2019
Anna Bussian .....	Class of 2020
Sue Burnham .....	Class of 2020
Phyllis Rafferty .....	Class of 2020
Marge Willadsen .....	Class of 2020
Laura Van Riper .....	Class of 2021

## LENTEN BIBLE STUDY

*Pastor Denise Clark-Jones*

### A Lenten study to begin in February.

The last Sunday of the Epiphany season ends with a grand, light-filled revelation, the Transfiguration of Christ. On the following Wednesday, February 26, we begin the season of Lent with Ash Wednesday. We usually think of Lent as a time of personal introspection and spiritual practices, but the time was originally devoted to a corporate reminder of baptismal vows. In the infancy of Christianity, during the weeks before Easter, the “congregation” engaged in a time of study, fasting and prayer with those preparing for Baptism on Easter Sunday. Coming together with others who are trying to walk the path Jesus has shown us has amazing power. Jesus assured his disciples that he would be with them, even after he left this mortal soil: “...where two or three are gathered in my name, I am there among them.” (Matthew 18:20)

During Lent we are invited “to struggle against everything that leads us away from love of God and neighbor” by exercising the Disciplines of Lent: repentance, fasting, prayer and almsgiving. Living out a discipline takes our Lord's words about obedience and self-denial seriously. Jesus told his disciples, “If any want to become my followers, let them deny themselves and take up their cross and follow me. (Matthew 16:24).

Another word for “almsgiving” is “works of love.” Of all the Lenten disciplines, “Works of Love” is the spiritual practice on which we put the most emphasis in the Protestant tradition. Our Lord Jesus Christ instructed his disciples: ‘love one another as I have loved you’ (John 15:12) and ‘whatever you do for the least of these, my brothers and sisters, you do for me’ (Matthew 25:40).

Lent is known as a time of personal sacrifice. The often-debated question is: “Is it better to give up something or take up something for Lent? My interpretation of the bible is that any sacrifice that does not give to someone else is little service to God’s kingdom. Does giving up foods that you fear are making you overweight serve the kingdom of God? Perhaps, if your motivation is honoring and preserving the gift of life and a healthy body God has given you. But, is this not only half of the sacrifice? When we have more than we need on our tables, Jesus reminds us that we have a responsibility to help those whose tables have not enough food. The great preacher of the Riverside Church in New York City, William Sloan Coffin said: “The banality of guilt is that it is such a convenient substitute for responsibility. It's so much easier

*continued on page 6. . .*



*Gretchen R. Iben Arts Series presents:*

# Lumiere!

Dr. John Jost, Director

“Psalms, Hymns, and Spiritual Songs II”  
Music of Bruckner, Faure, and more.

Sunday • March 1 • 6 PM

Lumière, a new 16-voice chamber choir that debuted last spring, will offer a concert Sunday, March 1, 2020, at 6 p.m., at Westminster Presbyterian Church, 1420 W. Moss Ave. in Peoria. The choir is comprised of trained Central Illinois singers and is directed by Dr. John Jost, who retired from Bradley University as Director of Choral Activities in 2018.

Admission to each concert is \$10 for adults and \$5 for students. Tickets are available at the door. Call (309) 691-8768 for more details or to reserve tickets.

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## SWIMMING EARTH DRAGON FAN CLASSES

*Donna Sturm, Taiji for Life*



Classes for this art form is beginning at Shore Acres Clubhouse, 100 Park Blvd., Chillicothe. We will learn how to handle the fan, stepping patterns and movements to the fan. We will break the individual patterns down step by step. Come experience the grace and power of this beautiful form. Practicing

this form will challenge the skills of posture, balance, flexibility and coordination, and at the end leaving you with a greater sense of unity in mind and body. Comfortable clothing and an open mind are all that is needed. Practice fans will be provided. Questions or to sign up call Donna at 309.303.3631

**February 6,13,20,27 and March 5**

**11:15 a.m. to 12 p.m.**

**Cost \$45 for five classes  
Shore Acres Clubhouse**

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## Lenten Bible Study continue

to beat your breast than to stick your neck out.” At the last session of the Paul Study this fall, attendants asked about future adult studies and suggested we do one around the theme of Lent. I will be leading a three-part seminar: **“Why We Do What We Do during Lent,”** beginning Sunday, February 23, and continuing for the following two Sundays. We will meet in the Chapel after the morning worship service. A light lunch will be provided.

In the course of the study we will look at the

growth and practices of the early church; the scriptural basis for the season; the varying practices through the history of Christianity; and the ways in which we can keep a “holy” Lent this year. Part history and part spiritual formation, this Lenten study invites you to make this Lent one that informs and nurtures your faith.

I encourage you to engage Lent this year. Make coming to church your first priority during this

*continued on page 7...*

# FEBRUARY SERVANT SCHEDULE

DATE	LITURGIST	SOUND	GREETING	USHERS
<b>2 Sunday / 10am</b> <i>Communion Sunday</i>	Peggy Bragg	Art Schlesinger	Dick Helfrich	Gary Dutro, HU, Alice Nash John Jackson, Bonnie Jackson
<b>9 Sunday / 10am</b>	Bonnie Jackson	Paula Winkler	Dick Helfrich	Gary Dutro, HU, Marge Willadsen, Alan Kupper, Linda Kupper
<b>9 Sunday / 4pm</b>	Rev. Denise Clark-Jones	Tom Clark-Jones	Brooks McDaniel	Suellen Kirkwood, HU Linda McDaniel
<b>16 Sunday / 10am</b>	Laura Van Riper	John Jackson	Dick Helfrich	Gary Dutro, HU, Diane Case Jeff Case, Laura Van Riper
<b>23 Sunday / 10am</b> <i>Transfiguration of the Lord</i>	Carole Willadsen	John Grimes	Dick Helfrich	Gary Leonard, HU, Jan Leonard, Dan Callahan, Jerrie Ruck
<b>26 Wednesday / 7pm</b> <i>Ash Wednesday</i>	Alan Willadsen	Paula Winkler	Dick Helfrich	John Jackson, HU, Bonnie Jackson, Suellen Kirkwood,



COMMUNION				
DATE	PREPARING THE ELEMENTS	BREAD	WINE	TRAVELER
<b>Sunday, February 2</b> <i>Communion Sunday</i>	Jeff & Diane Case	Diane Case Dick Helfrich	Jeff Case Pastor Denise	Gary Leonard
<b>Sunday, February 23</b> <i>Transfiguration of the Lord</i>	Jeff & Diane Case	Gary Leonard Diane Case	Jan Leonard Pastor Denise	Jeff Case
<b>Sunday, February 26</b> <i>Ash Wednesday</i>	Suellen Kirkwood	Bonnie Jackson	Pastor Denise	John Jackson

## Lenten Bible Study continue

season, instead of just one of many possible choices of how to spend your Sunday. From the beginning, the time before Easter was less focused on sacrifice than on the preparation for a joyful event. Good Friday is not the end of Lent, Easter is! The Resurrection is the joyful day on which Christ entered the world as the triumphant Savior of humankind. Keeping this in mind just might make the season a little more expectant like Advent; also, more upbeat because we know the end of the story and boy, is it a GREAT ending! So, join in the Lenten pilgrimage positively and joyously as we look to the triumph of our Lord Jesus Christ in final victory over the grave!

There will be a sign-up sheet in the Narthex. Let your signature be your first Lenten commitment this year. What about sacrificing a little of what we all covet – time? Just 45 minutes for learning and fellowship with your faith community. I look forward to exploring our faith and practice together as we walk with Jesus to his glorious resurrection!

## ANNIVERSARIES

16 Pastor Denise &  
Tom Clark-Jones

## BIRTHDAYS

2 Anna Bussian  
2 Jordan Case  
6 Julie Hill  
10 Carol Borders  
11 Sally Fitch  
12 Conrad Stinnett  
18 Dick Helfrich  
28 Diane Case

**WESTMINSTER  
Presbyterian Church**

1420 W. Moss Ave.  
Peoria, Illinois 61606

Rev. Denise  
Clark-Jones

**JOIN US  
SUNDAYS**

10 AM Morning Worship

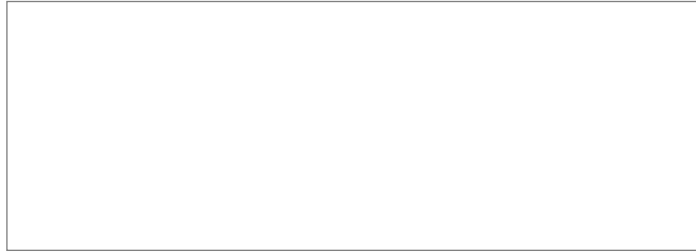
4 PM Second Sunday Jazz Vespers



Our mission is to *Serve God  
with Open Mind, Open  
Hands and Open Heart.*



*God Loves . . .*



*All Are Welcome!*

**WESTMINSTER PRESBYTERIAN CHURCH**

**ASH WEDNESDAY SERVICE  
FEBRUARY 26, 2020 - 7 PM**

*Brief service of worship, communion, and imposition of ashes*